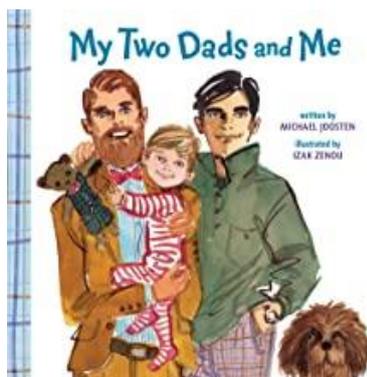


Edge Hill Academy is committed to supporting our children and parents with PSHE and Relationship and Sex Education.

We have purchased a selection of books that are available to borrow. We hope using fiction and non-fiction texts will support conversations and understanding.



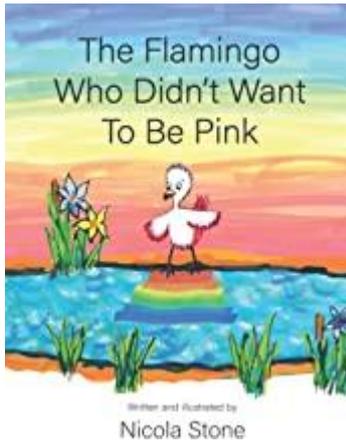
Families with same-sex parents are celebrated in this board book that follows busy dads and their kids throughout their day-- eating breakfast, getting dressed, heading out to the park, and settling back in at night with a bubble bath and a good-night lullaby. LGBTQ+ parents and their friends and families will welcome this inclusive and cheerful book that reflects their own lives and family makeup.



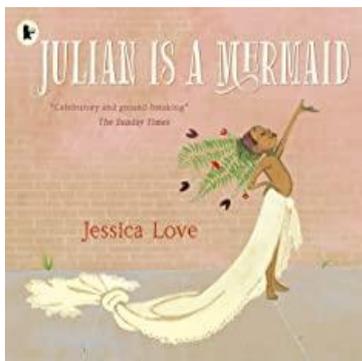
When Heather goes to school for the first time, someone asks her about her daddy ... and Heather doesn't have a daddy! But then the class all draw portraits of their families, and not one single drawing is the same. Heather and her classmates realize - it doesn't matter *who* makes up a family, the most important thing is that all the people in it love one another very much.



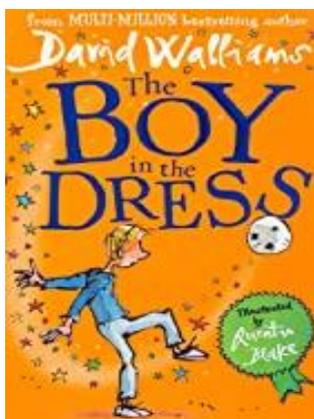
This book is a great introduction to LGBT issues and families. Whether you are looking for a book that represents your own family, or looking to introduce acceptance from an early age, this book can be enjoyed by all. Read with young children to introduce the notion of same-sex parents, or with older children an introduction to discussing equality and tolerance.



The tiny, pink flamingo chick has noticed her white, baby feathers have begun to turn pink but she doesn't want to be pink! She wanders around the watering hole, admiring the zebras' dazzling stripes and the parrots' rainbow feathers, but they all laugh when she says she wishes not to be pink. She is miserable until she meets a chameleon, who reminds her that we must all be free to choose how we are beautiful, but that being different takes great bravery.

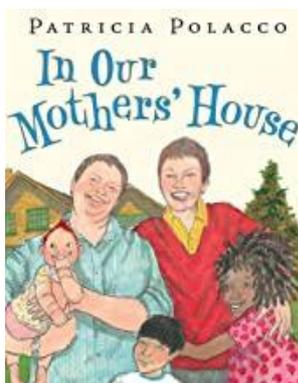


While riding the subway home with his Nana one day, Julian notices three women spectacularly dressed up. Their hair billows in brilliant hues, their dresses end in fishtails, and their joy fills the train carriage. When Julian gets home, daydreaming of the magic he's seen, all he can think about is dressing up just like the ladies and making his own fabulous mermaid costume. But what will Nana think about the mess he makes - and even more importantly - what will she think about how Julian sees himself?

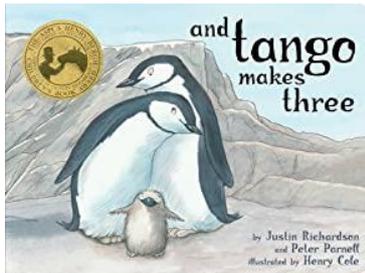


Dennis was different!

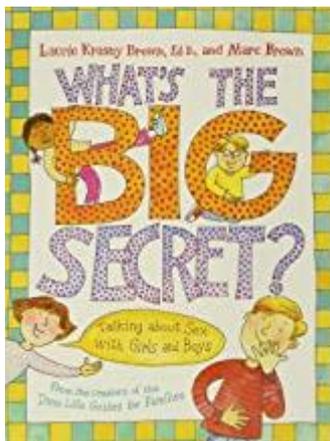
Why, you ask?



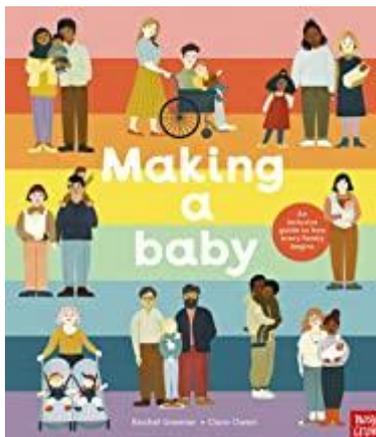
Marmee, Meema and the kids are just like any other family on the block. In their beautiful house they cook dinner together, they laugh together and they dance together. But some of the other families don't accept them. They say they are different. How can a family have two mums and no dad? But Marmee and Meema's house is full of love



At the penguin house at the Central Park Zoo, two penguins named Roy and Silo were a little bit different from the others. But their desire for a family was the same. And with the help of a kindly zookeeper, Roy and Silo got the chance to welcome a baby penguin of their very own.



Are boys and girls different on the inside? How do you tell girls and boys apart? Do girls and boys have the same feelings? Is sex a dirty word? Where do babies come from? What does being pregnant mean? How do you get a belly button? Tell me about when I was a baby...

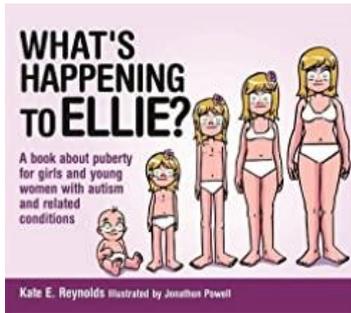


In this honest, accessible illustrated guide to how babies are made, young readers can find out exactly what is needed to grow a baby, from introducing the basic building blocks of life such as sperm and eggs, to explaining the different ways that these building blocks can be put together to create a family.

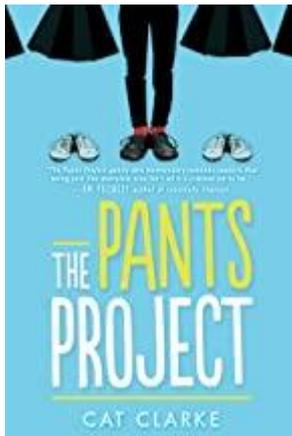
Working closely with a leading national LGBT organisation, this inclusive guide to Making a Baby covers sex, sperm and egg donation, IUI, IVF, surrogacy and adoption, as well as explaining how a baby grows in the womb and about different kinds of births including c-sections.



Following Tom as he begins to notice changes to his body, this simple resource helps parents and carers teach boys with autism or other special needs about puberty. It covers all the changes that they will experience, both emotional such as new feelings and physical such as wet dreams. This fully illustrated positive and entertaining book provides the perfect opportunity to talk about puberty with boys and young men with autism or special needs.



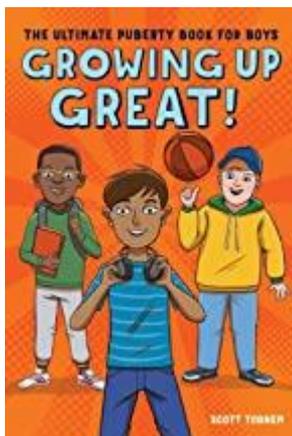
Following Ellie as she begins to notice changes to her body, this simple resource helps parents and carers teach girls with autism or other special needs about puberty. It covers all the changes that they will experience, both emotional such as new feelings and physical changes. This fully illustrated positive and entertaining book provides the perfect opportunity to talk about puberty with girls and young ladies with autism or special needs.



*My name is Liv (Not Olivia)... I'm not technically a girl. I'm transgender. Which is a bit like being a Transformer. Only not quite as cool because I probably won't get to save the world one day."*

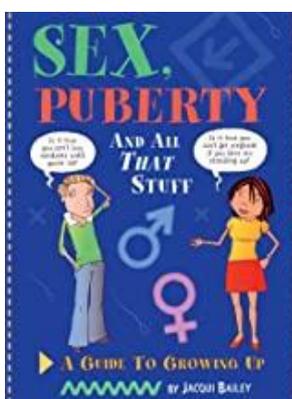
Liv knows he was always meant to be a boy, but with his new school's terrible dress code, he can't even wear pants. Only skirts.

Operation: Pants Project begins! The only way for Liv to get what he wants is to go after it himself. But to Liv, this isn't just a mission to change the policy--it's a mission to change his life. And that's a pretty big deal.

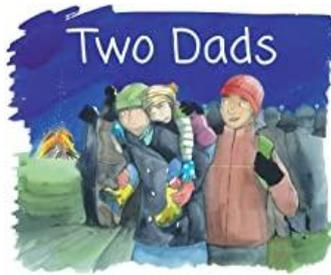


Help your youngster progress from childhood to adulthood with a strong, confident appreciation of himself. This puberty book for boys offers essential guidance for helping your boy get through his adolescent years happily and healthily—so he can focus on all of the good stuff ahead.

Cover the basics with a simple explanation of what puberty is and the growth to expect during that time. All changes are discussed in terms of overall health and well-being, with a focus on hygiene, managing emotions, and maintaining privacy.

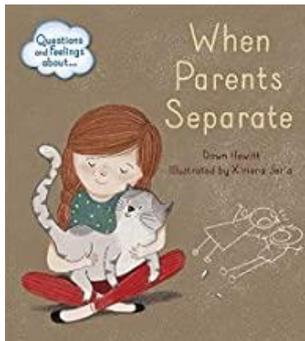


Learn all about all about puberty, growth, fantasies, relationships, sex, contraceptives, abortion, giving birth as well as all things related to kissing, spots, feelings, hormones, periods, cyber safety, sexting, dating.

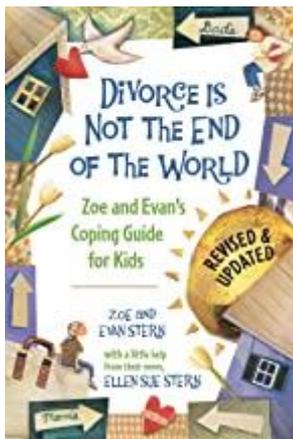


Written by Carolyn Robertson  
Illustrations by Sophie Humphreys

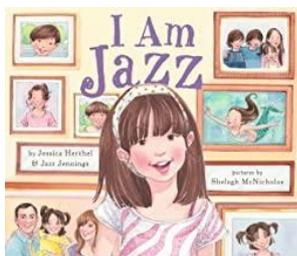
Having Two Dads is double the fun! Many families are different, this family has Two Dads. A beautifully illustrated, affirming story of life with Two Dads, written from the perspective of their adopted child.



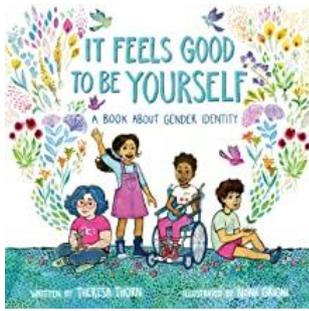
How do you explain to a child what happens when parents separate? This hands on picture book is designed to help children with their questions and feelings about tricky topics that can be hard to talk about. Written with wellbeing experts CHUMS this book offers practical help, tips and advice as well as exploring everyday situations.



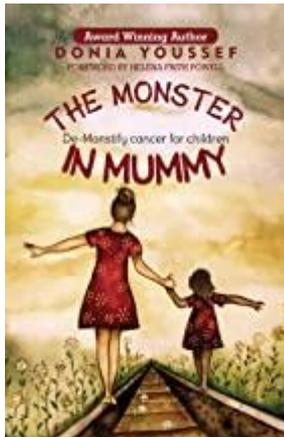
Zoe and Evan Stern know first hand how it feels when your parents divorce. When their parents split they knew their lives would change but they didn't know how. A few years later, when they were 15 and 13 years old, they decided to share their experience in this positive and practical guide for kids. With some help from their mom, Zoe and Evan write about topics like guilt, anger, fear, adjusting to different rules in different houses, dealing with special occasions like birthdays, adapting to stepparents and blended families, and much more.



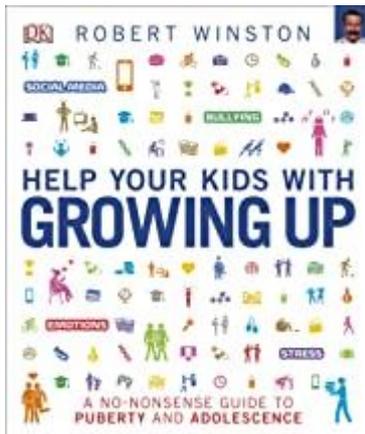
From the time she was two years old, Jazz knew that she had a girl's brain in a boy's body. She loved pink and dressing up as a mermaid and didn't feel like herself in boy's clothing. This confused her family, until they took her to a doctor who said that Jazz was transgender and that she was born that way. Jazz's story is based on her real-life experience.



Some people are boys. Some people are girls. Some people are both, neither, or somewhere in between. This sweet, straightforward exploration of gender identity will give children a fuller understanding of themselves and others.



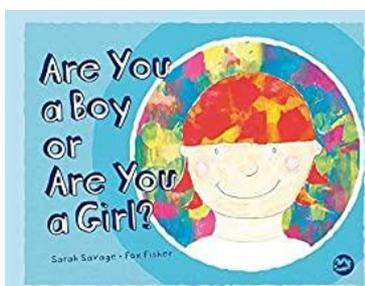
Just after she celebrated her 39th birthday, Donia had to face heart breaking news and the challenge to tell her children aged 2 and 5yrs old that she was diagnosed with cancer. Instead of shutting down her successful career as founder of internationally renowned model agency for children - Tiny Angels, Donia decides to step up to the challenge and play to her strengths, lead her life with a renewed purpose and inspire other parents to overcome traumatic news and empower them.



This growing up book covers contemporary issues such as internet safety and tackles key topics such as sexuality and body image. Demystify puberty with this must-read home reference book by Prof. Robert Winston.

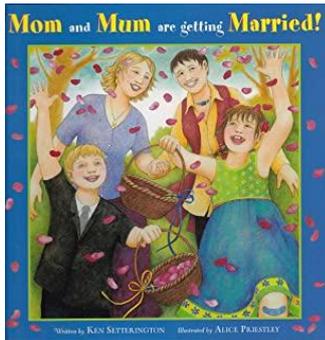
From your menstrual cycle to sexting, and even cyber-bullying. This straightforward, unpatronizing approach to tricky topics is the essential illustrated guide to adolescence for both parents and their teens. The stunning graphics and illustrations make this invaluable for tweens and teens alike.

*Help Your Kids With Growing Up* is a guide for modern kids coming into their teen years. It addresses topical issues like body image, the effects of social media and sexting.

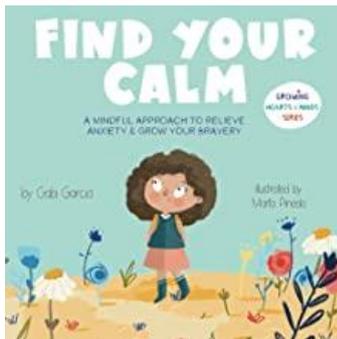


Tiny loves costumes! Tiny likes to dress up as an animal, or a doctor, or a butterfly. Tiny also prefers not to tell other children whether they are a boy or a girl. Tiny's friends don't mind, but when Tiny starts a new school their new friends can't help asking one question:

"Tiny, are you a boy or are you a girl?"

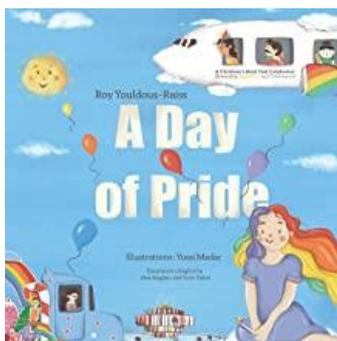


Rosie is surprised to find her Mom dancing alone in the living room, but when Mom announces, "Your Mum and I are getting married!" they can't wait to start planning the big day.



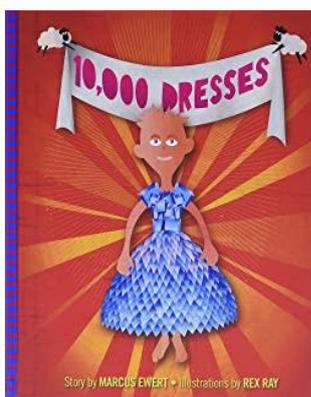
For many kids, it can be overwhelming.

Anxiety is not just a cognitive experience. When children feel anxious, their bodies respond physically to a perceived threat. They need to feel a sense of safety before being able to figure out what to do next. Your child can read along and learn practices and strategies that keep the anxiety from taking over. *Find Your Calm* is a wonderfully accessible book that teaches children how to tap into their sense of safety when anxiety sends a false alarm, so they can find their calm. It includes simple grounding activities and coping tools for them to practice.

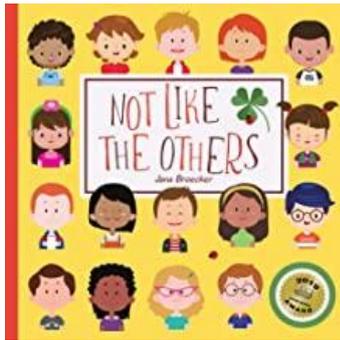


*A Day of Pride* is a rhymed book celebrating love and pride, and teaching the importance of acceptance and tolerance. It encourages children of all kind to be proud of themselves and accepting of others—exactly as they are. Invite your kid to an empowering and exciting journey on a magical day where everyone has a place.

It is a colourful day of celebration. Soon, the streets will be filled with people of all kinds, who will march in the festive Pride Parade. Miss Rainbow is ready to paint the city with her hues and colours, to fill every corner with love and pride. When the Witch of Shame appears, she threatens to ruin the great party.



In her dreams, Bailey is a young girl. Every night she dreams about magical dresses. Unfortunately, when Bailey wakes up, nobody wants to hear about her beautiful dreams. This is because Bailey is a boy and shouldn't be thinking about dresses at all. Then Bailey meets an older girl who is touched and inspired by Bailey's dreams and courage.

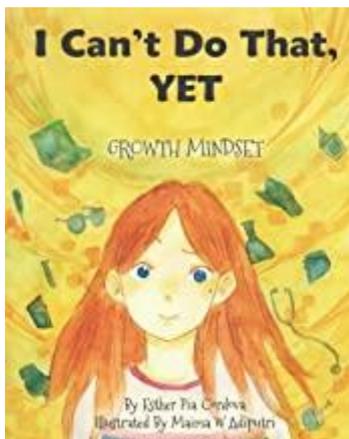


This hidden picture book about diversity promotes acceptance, tolerance, and kindness for all. It showcases that, irrespective of our own unique qualities, we are all an essential part of a bigger picture.

Which fox has the fluffiest tail? Where is the squirrel that holds an acorn? And who caught a fat, wiggly worm. Little eyes will be eager to spot the one animal that is *Not Like The Others*, little ears will cherish the fun, fact-filled rhymes, and little minds will learn that it's our differences that make us special.



Parents, educators, therapists, and social workers alike have declared *The Invisible String* the perfect tool for coping with all kinds of separation anxiety, loss, and grief. In this relatable and reassuring contemporary classic, a mother tells her two children that they're all connected by an invisible string. "That's impossible!" the children insist, but still they want to know more: "What kind of string?" The answer is the simple truth that binds us all: *An Invisible String made of love. Even though you can't see it with your eyes, you can feel it deep in your heart, and know that you are always connected to the ones you love.* Does everybody have an Invisible String?



*One night in a dream she sees all the possible future versions of herself, discovering that she can be any of those versions with time, knowledge and dedication. She develops a growth mindset throughout her journey and instead of saying "I can't do that," she learns to say "I can't do that YET!"*

Everyone who enjoyed *Your Fantastic Elastic Brain: Stretch It, Shape It*, *The dot*, *Beautiful Oops!* and *The Girl Who Never Made Mistakes* will also enjoy **I Can't Do That, YET**.